

Hormone Therapy

Has it started to feel like you are out of control of your own health? Did you know hormones have significant influence on your overall health and wellness? While many people associated hormonal changes with puberty, they occur over time and are a major part of the aging process. This may negatively impact bodily functions and health, but hormone therapy may help! Discover the possibilities of this diverse treatment during a consultation with our professional staff.

What Is Hormone Therapy?

Hormone therapy is a therapeutic approach to medical care to provide balance to shifting hormone levels. This process utilizes hormones that mimic those that your body naturally produces. By reintroducing or boosting these hormones to your body, this elevates and stabilizes hormone levels to enhance overall health.

What Could I Anticipate from Treatment?

The hormone therapy treatment process will begin with a test to analyze your hormone levels. This will indicate how your hormone production may have changed as well as highlight areas of need.

The hormone therapy process differs for each person and their unique concerns. Hormones may be administered in a variety of ways, such as:

- Creams
- Gels
- Injections
- Oral medications
- Patches
- Pellets
- Pills

Your unique treatment plan will depend on your preferences and hormonal needs. Many of these treatments may be applied or administered at home on a daily basis. However, some of these options may require regular visits to our office.

Results achieved with hormone therapy will vary for each person and their treatment methods. It is important to allow yourself some time to experience the benefits and results of treatment. Your body needs some time to absorb the hormones and respond to them, and it is important to be diligent with treatment.

Could I Benefit from this Treatment?

Hormone therapy may be a beneficial treatment for anyone who is experiencing declining hormone production levels. It is most often recommended to men and women who have experienced or are currently experiencing andropause or menopause, respectively.

It may be time to consider this therapeutic treatment if you experience:

- Brain fog
- Chronic fatigue
- Decrease in libido
- Feelings of anxiety or depression
- Hot flashes
- Loss of muscle mass
- Memory loss
- Mood swings
- Unexplained weight gain

Each person experiences the effects of changes to hormone production differently. A consultation with our professional staff can help you better understand your experiences and develop your personalized treatment plan.

Schedule Your Consultation!

Concerned your changes in health are related to shifting hormonal levels? Contact us today and schedule your consultation to learn more about hormone therapy! Our professional staff is here to help you better understand your personal health and support you throughout the process. We look forward to helping you feel refreshed and like the best version of yourself!